## **Citrus: Too Good To Waste**



Freeze whole or sectioned citrus or juice frozen into cubes in an airtight containter/bag for up to 4 months. Freeze zest for use in cooking later.

**Store:** Keep on the counter for a few

days. Refrigerate for up to 2 weeks in a

sealed container/bag.

**Cook:** Eat raw, grilled, juiced or pureed in smoothies. Roast with meat or vegetables.

**Use it up:** Add to green or fruit salads, soups, pasta or sauces. Add peels to vinegar for a simple household cleaner ... and compost the rest.



Developed by LiveWellSD.org Funded in part by the Centers for Disease Control and Prevention and in part by USDA SNAP-Ed, an equal opportunity provider and employer.